

Strong In Spirit Ministries

Transformation Prayer Ministry Inventory & Release



www.stronginspirit.com

INSTRUCTIONS – Youth Version

NOTE – Any person, ministry or organization using this Transformation Ministry Inventory independently without Pastor Bruce Koester’s specific, written authorization does so at their own risk and discretion and agrees to fully waive any and all legal liability or responsibility against either Pastor Bruce Koester or Strong In Spirit Ministries as described herein.

1. The Transformation Ministry teams led by Pastor Bruce Koester of Strong In Spirit Ministries are neither psychological nor medical professionals. This is a Christian prayer ministry based on Isaiah 61:1-3 and Luke 4:18-19 where Jesus “heals the brokenhearted and sets the captives free,” something He is still doing today.
2. This ministry will involve a prayer team (usually Pastor Bruce and another person) ministering to you. We promise to maintain confidentiality; but please know that we are required by law to report to the authorities the intent of a person to take harmful, dangerous, or criminal action against another person or themselves and any abusive or neglectful action currently being taken toward children or the elderly.
3. Although this Inventory is extensive, you are asked to fill out is much like a Dr. asks for your medical history – he needs a complete picture of ‘where and when it hurts.’ We do as well. Please pray and ask God for wisdom before you begin to fill it out. Humility, full disclosure, and honesty are required of your answers and responses. If you are unable to do this, the results will not be worth your time or ours.
4. Be aware that the ministry session will *normally* take between four and six hours (sometimes more or less). Feel free to fast and pray if you would like to and ask others to do the same with you on or before the day of your ministry. Please come ready to repent of all sin, renounce the devil his demons and all their ways and work with the Holy Spirit and with us for your healing and freedom.
5. Recommended Donation. Jesus and Paul both taught that the worker is worth paying (Luke 10:7, Galatians 6:6, 1 Corinthians 9:7-11, 1 Timothy 5:18). In fact, Jesus received donations to provide for Himself and His disciples (Luke 8:1-3, John 13:29). Even more importantly, He made it clear in Scripture that “*where your treasure is, there your heart will be also*” (Matthew 6:21) because He knew that people are more motivated to invest themselves where they invest their finances. The condition of your heart is very important because this is a heart-cleansing ministry! Therefore, the recommended donation for this ministry is anywhere from \$150-\$300 – the exact amount is up to you, although most people find the results to be worth every penny. You may come with a check or cash; or prior to coming, you may donate by credit card by going to the www.stronginspirit.com website and clicking on the ‘Donate’ button on the bottom left of the home page. The suggested donation for a shorter, follow-up (‘Tune-up’) session (if desired) is \$50. I thank you in advance. *Please know that your faithful financial offering is an investment that enables Strong In Spirit Ministries to continue and also makes it possible to minister to others around the world so they too can be liberated, healed and strengthened by the power of Jesus Christ!*
6. *Finally, while God normally works powerfully through this ministry, it is not a magic pill or a silver bullet that will end all your problems forever – life goes on, but now normally in a higher, stronger, more joyful and peaceful way. Jesus liberates your inner man so you can be more fully able to experience the abundant life He promised and to more fully follow His plan for your life with new power, purpose and peace.*

Your signature below signifies that you have read the above instructions and agree to comply with them...

Name _____ Date _____

Parental Release



We, _____ (“Transformee” according to 2 Corinthians 3:18) and _____ the parent and/or legal guardian of the Transformee (“Guardian”) in consideration for prayer ministry services rendered by Strong In Spirit Ministries hereby agree as follows...

1. Strong In Spirit is providing Biblical guidance and prayer ministry solely as a courtesy to the Transformee(s) and does not demand any direct or indirect benefits from such services and ministry.
2. Transformee assumes all risk for any and all injury (including, without limitation, any physical, financial, or emotional injury or loss) that Transformee may experience by participating in the biblical guidance services and prayer ministry provided by Strong In Spirit Ministries and neither Strong In Spirit Ministries nor any and all related entities, agents, employees, or volunteers will have any responsibility for any injury or be liable to Transformee or Guardian in connection with any injury hereunder.
3. Without limiting the above Section 2 of this Agreement, Transformee; Guardian; and Transformee and Guardian’s heirs, successors, and assigns hereby fully release, waive, discharge and indemnify and hold harmless Strong In Spirit and any and all related entities, agents, employees, or volunteers from and against any and all claims, demands, causes of action, or liabilities of any and every nature, arising at any time from or in connection with the biblical guidance services and prayer ministry provided by Strong In Spirit Ministries whether caused by the negligence of Strong In Spirit Ministries or otherwise.
 - † *Any person, ministry or organization using this Transformation Ministry Inventory independently without Pastor Bruce Koester’s specific, written authorization does so at their own risk and discretion and agrees to fully waive any and all legal liability or responsibility against either Pastor Bruce Koester or Strong In Spirit Ministries as described herein.*
4. If any provision of this Agreement shall be determined by a court of competent jurisdiction to be illegal, void, invalid, or inoperative, in whole or in part, such determination shall not invalidate the remaining provisions of this Agreement; and
5. This Agreement represents the entire understanding between the parties and this Agreement supersedes all prior oral and written understandings and agreements of the parties with respect to its subject matter. This Agreement may not be amended or modified except by written agreement signed by the parties.
6. This Agreement is governed by the laws of the State of Tennessee and Transformee and Guardian consent to jurisdiction and venue in the state and federal courts in Tennessee. In any action or suit to enforce any right or remedy under this Agreement or to interpret any provision of this Agreement, the prevailing party shall be entitled to recover its costs, including reasonable attorneys’ fees.

Notice – this agreement affects your legal rights and you may desire to have this agreement reviewed by an attorney prior to your agreement with its terms and conditions. By signing this agreement you represent that you have sought legal counsel in connection with this agreement or deemed none necessary.

I have read and fully understand this agreement and agree to all of its terms.

Date _____

Guardian’s Signature _____

Printed Name _____

Address _____

City, State, & Zip _____

Transformee’s Signature _____

Printed Name _____

Address _____

City, State, & Zip _____

Preparation For Transformation Ministry



Common Symptoms Of Being Demonized...

- † **Emotional Problems.** Disturbances in the emotions which persist or recur. Some of the most common disturbances are resentment, hatred, anger, fear, rejection (feeling unwanted and unloved), self-pity, jealousy, depression, worry, inferiority and insecurity.
- † **Mental Problems.** Disturbances in the mind or thought life, such as mental torment, procrastination, indecision, compromise, confusion, doubt, rationalization and loss of memory.
- † **Speech Problems.** Outbursts or uncontrolled use of the tongue. These include lying, cursing, blasphemy, criticism, mockery, railing and gossip.
- † **Sexual Problems.** Recurring unclean thoughts and acts regarding sex. These include fantasy sex experiences, lust, perversions, homosexuality, fornication, adultery, incest, flirtation and prostitution.
- † **“Addictions.”** The most common addictions are to nicotine, alcohol, drugs, medicines and food.
- † **Physical Illness.** Many diseases and physical afflictions are due to spirits of infirmity (Luke 13:11). When a demon of infirmity is cast out there is often the need to pray for a healing of whatever damage has resulted. Thus, there is a close relationship between deliverance and healing.
- † **Spiritual Error.** Involvement in spiritual error and cults can open the door for demons. Objects and literature from sources of religious error can attract demons.
- † *Finally, tormenting fears, irrational thoughts, uncontrollable urges and emotions, feelings of lifelessness, being ‘shut down’ inside, areas of preoccupation, blockages or bondages/lack of freedom or peace all indicate possible demonic infestation.*

Seven Things To Get Ready For Transformation Ministry...

1. Be honest with yourself and God – Psalms 32:5, Psalms 139:23-24
2. Be humble before God – James 4:6-8, 5:16
3. Repent of your sins – Isaiah 1:18-20, Acts 3:19, 1 John 1:9
4. Renounce all evil ways you are involved in – Matthew 3:7-8, Acts 19:18-19
5. Forgive *everyone* (without exception) you have anything against to the best of your ability – Matthew 6:14-15, 18:21-35, Mark 11:25
6. Renounce the devil and all his works against you – John 10:10, 1 John 3:18, Acts 10:38
7. Do spiritual warfare – Psalm 18:2, Mark 16:17, Luke 10:19, 2 Corinthians 10:3-5, Ephesians 6:10-12, 6:17, James 4:7, Revelations 12:11

Three Things That Can Block Deliverance

There are a few key things that will prevent a person from receiving deliverance. The first and most common is unforgiveness. Those who are holding onto anger toward anyone else, dead or alive, will not be delivered (Matthew 18:21-35). Secondly any intentional occult involvement, no matter how slight, is a huge block to deliverance. And finally, the same is true for involvement in any form of religious cult or false religion. *If you are ready to repent of all ungodly attitudes and involvements, then you are ready to be healed, set free and delivered by Jesus Christ!*

Transformation Ministry – Youth Version (Ages 8-12)

July 1, 2011



www.stronginspirit.com

The purpose of this questionnaire is to get a broad picture of your background – especially areas of woundedness and bondages. By completing these questions as fully and accurately as possible you will save us time and help me better help you. This Inventory is yours to keep; Strong In Spirit Ministries will only retain your contact information.

Personal Background

Name _____ Address _____

Telephone _____ Email _____ Sex _____ Age _____

1. What is your reason for coming for ministry, and your expectations from this biblical guidance and prayer ministry? _____

2. Do you have trouble giving or receiving love? _____
3. Do you find it easy to communicate with people close to you? _____
4. Is there anyone who you can tell exactly how you feel about yourself, life, and other people? _____

5. Are you more (circle) – *confident* or *unsure*; *positive* or *negative*; *active* or *passive*; *dominant* or *submissive*, *introverted* or *extroverted*; *intuitive* or *visual*; *thinking* or *feeling*, *judging* or *accepting*; *happy*, *sad* or *mad*?
6. Describe yourself in as many one-or two-word phrases as possible _____

7. In relationships, are you more often – quiet, unsure, usually understood by others or misunderstood by them?
8. How do you handle difficulties, stresses and hardships in life? – Face them as best as I can? Run from them and disappear? Be passive and do nothing? Deny them or blame others? Expect the best? Or expect the worst?
9. Were you ever called by a negative nickname? If so, explain _____

10. Have you been to counseling or inner healing/deliverance ministry before? *Yes or No*. For how long? _____
What were the results? _____
11. Have you been prescribed medication for psychiatric illness? *Yes or No*. Are you still taking it? *Yes or No*.
12. Have you had any particular accidents or traumas that have happened to you in life? _____
13. What has been your biggest problem or disappointment in life so far? _____

Spiritual Background

1. Do you currently attend a church? *Yes or No*. How often do you go? _____
2. How would you describe yourself today? (Circle all that apply) – as an unbeliever, a believer with little change in your life, a bored or apathetic believer, a ‘feeling stuck in life’ believer, an angry believer, a hungry/growing believer? Do you have trouble accepting God’s forgiveness? *Yes or No*.
3. Are you sure of your salvation or do you have doubts about it? *Sure or Doubts*. Have you been water baptized? *Yes or No*.
4. How often do you read your Bible and pray? Daily, or a few times a week, or once a week, or once every few weeks or so. Do you desire to obey God’s Word? _____
5. When engaged in Christian activities do you find praying or staying awake difficult; are you plagued with offensive thoughts or other forms of mental harassment? _____
6. On a scale of 1 to 5 with 5 being ‘very much,’ how angry are you with God? _____
7. Describe recent changes in your spiritual life, if any _____
8. Have you inherited any jewelry or other family heirlooms that have an occultic use or background? *Yes or No*.

Family/Relationship Background – Ephesians 6:1-3

1. Describe your relationships with your natural or adoptive parents or others who raised you including relatives, step-parents, or foster parents by briefly answering the following...
 - a. Who is raising you? _____. Are you raised in a Christian home? _____
 - b. Concerning your father(s)...
 - † What is he like? _____
 - † Is your relationship with him – Good, Bad or Indifferent? Are you friends? _____
 - † Do you have any specific problems with your father? _____
 - c. Concerning your mother(s)...
 - † What is she like? _____
 - † Is your relationship with her – Good, Bad or Indifferent? Were you friends? _____
 - † Do you have any specific problems with your mother? _____
 - d. Are you an only child? _____. Is your relationship with your siblings OK? _____
 - e. Did you ever have – nightmares/bad dreams, thumb sucking, bed wetting or stuttering as a child? _____
 - f. Were you adopted or orphaned? _____
 - g. How is affection shown between your parents and toward you? _____
 - h. How is authority exercised in the home (which parent is in charge and how does he/she operate)? _____
 - i. Is there a sense of security, harmony, and happiness in your home? _____
 - j. Are your parents – overly permissive, average or strict? _____
 - k. The most important values in my family are _____
 - l. Do you live in an alcoholic or drug-dominated atmosphere? _____
 - m. What are the main ‘blessings and curses’ at work in your family? _____
 - n. Are your parents verbally, physically abusive to you or your siblings? _____
 - o. Are there any especially traumatic events in your childhood, such as deaths, accidents, illnesses, divorces, being molested, etc.? _____
 - p. Who are you most like in your family? _____
 - q. Who are you most distant from? _____
 - r. Describe your relationships with any other significant individuals in your life...

 - s. List any person, organization or institution you are holding any anger or unforgiveness against...

 - t. Do you currently have any symbols of idols or spirit worship in your home, such as Buddha’s, native art, painted face masks, pagan symbols, etc.? _____
 - u. Have you ever lived in or visited other countries besides America? Which _____
 - v. Have there been any recent deaths in the family? What did they die from? _____

Healing The Brokenhearted/Naming The Wounds & Traumas– Isaiah 61:1-3

Please pray over each of the following categories and ask the Lord to reveal to you any wounds or painful experiences from those times. Then list the memories (in a few words or sentence) below...

1. Painful memories with your Mom(s)...
 - † _____
 - † _____
 - † _____
 - † _____
 - † _____
2. Painful memories with your Dad(s)...
 - † _____

† _____
 † _____
 † _____
 † _____

3. Painful memories with your brothers or sisters (including step)...
 † _____
 † _____
 † _____
 † _____
 † _____

4. Painful memories with your neighbors or friends growing up...
 † _____
 † _____
 † _____

5. Painful memories at school with classmates or teachers...
 † _____
 † _____
 † _____

6. Painful memories with churches and/or pastors or other spiritual leaders...
 † _____
 † _____
 † _____

7. Other painful memories...
 † _____
 † _____
 † _____

Listing The Fears & Lies About Life, Myself & God – Jeremiah 17:9, John 8:44

Please check any of the following fears, beliefs or lies that you have ever believed about life, yourself or God.

1. ___ I can't trust anyone.
2. ___ No one believes me or takes me seriously.
3. ___ I don't really matter to anyone, there is no one who cares about me, I am all alone.
4. ___ God has forsaken me.
5. ___ Everything is usually my fault, I'm the scapegoat.
6. ___ It's just a matter of time before something bad happens to me again.
7. ___ I often feel like I'm stupid, ignorant or an idiot.
8. ___ If I let someone get close to me, they'll just hurt me over and over again.
9. ___ I have no control over anything in my life.
10. ___ Things will never get better for me.
11. ___ I'm too weak to resist sin or temptation very well.
12. ___ There is no way out of where I'm at.
13. ___ The pain I'm in is too great to bear – surely God would let me end my life.
14. ___ I know I'm going to die pre-maturely and I can't do anything about it.
15. ___ I must run from the pain in my life.
16. ___ I am being pulled from every direction and don't know what to do.
17. ___ Not even God can help me get out of what I've gotten myself into.
18. ___ I often feel bad, dirty, shameful or evil for what I've done in life.
19. ___ I can't forgive myself for what I've done.
20. ___ I believe I will be condemned to hell because of my sins.
21. ___ I am not loved, needed, cared for or important to anyone.
22. ___ I will always be hurt/damaged/broken by what has happened to me in life.
23. ___ God could never forgive or love me for what I've done in life.
24. ___ It would have been better for everyone if I had never been born.

25. ____ I have no use or purpose in life.
26. ____ My life is forever ruined, I have no real reason to live.
27. ____ I believe I've gotten everything I deserve in life.
28. ____ I am an ongoing burden to people.
29. ____ I am worthless because of what I've done in life.
30. ____ I was a mistake by my parents.
31. ____ I'll never be happy again.
32. ____ I just want to die and be done with life.
33. ____ Nothing good will ever come of my life.
34. ____ My life makes no sense to me or others.
35. ____ Nothing I do ever works out like it should.
36. ____ None of my dreams will ever come to pass.
37. ____ No one will ever really love me, I'll never be good enough to be accepted by anybody.
38. ____ I am defined by what the mirror, my bank account or other people say about me.
39. _____
40. _____

Listing The Curses Against My Life – Deuteronomy 28:15-68, 30:19

Please check any of the following curses that have been spoken to, or come against you and list any all additional curses that you are aware of.

1. ____ “Nothing will ever come of anything you do, it will always be futile.”
2. ____ “You deserve everything bad thing you get in life because of what you’ve done.”
3. ____ “You don’t deserve anything good in life because of what you’ve done.”
4. ____ “You’ll always be poor...overlooked...unwanted...ugly...stupid... or _____ etc.”
5. ____ “You’re just like your (Dad/Mom/Brother/Sister, etc.), you won’t amount to anything,” etc.
6. _____

Discerning The Demonic – Ephesians 6:12, Isaiah 42:7

1. Deterrence Spirits – Romans 1:13

† Hindering, interference, obstruction, impediment, blocking/blocks/blockade/blockage/barrier, disguise/disappearing, unrepentance, fear of deliverance/Satan/demons, masking, disorientation, distraction, deaf-dumb-blind/blindness/blinder/blindfold, veiling, cloaking, passivity/spectator, analyzing, false reasoning/false imagination/irrationality/stinking-thinking/unreasonableness/dullness/mental fog, stupor, hazing, slumbering, delay/detour, holding back/down/pattern, inhibit/prohibit/prevent, impede/arrest or _____

2. The Dirty Dozens Most Common Spirits

† Unworthiness/Worthlessness/Weakness	† Doubt/Unbelief/Double-mindedness/Skepticism
† Rejection/Self-rejection/Fear of rejection	† Distrust/Misperception/Suspicion/Accusation
† Confusion/Scrambler	† Rebellion/Disobedience/Unforgiveness
† Lying/Deception/Self-deception	† Witchcraft/Pharmakeia/Satanism/Steal-Kill-Destroy
† Matriarchy/Feminism/Ahab/Jezebel	† Anti-Christ/Luciferian/Beelzebub/Strongman
† Man/Woman-hating-judging	† Coping/Offense/Over-sensitivity/Self-protection
† Judgmentalism/Judging/Judgment/Intolerance	† Self-defeat/Self-condemnation
† Failure/Flaw/Defeat	† Self-sabotage/Sabotage/Saboteur

Have you or your family members ever experienced any of the following? Please circle which ones...

3. Relational/Generational Spirits – Exodus 34:7, Numbers 14:18

- † Father’s last name _____ Mother’s maiden name _____
- † Have you ever been diagnosed as bipolar, schizophrenic, OCD, MPD/DID, ADD/ADHD/Dyslexia, or ____
- Have any of the following generational/relational sins been committed by you or are in your family line?
- † Unwanted/orphaned/love-starved/unloving/relational failure, psychological disorder/dysfunction/soap opera, first to reject, caustic/complaining/critical/bitchiness/nagging/whining/negative expectations/expect

the worst/negativity, insult/profanity/swearing/rudeness, gossip/berating/backbiting/smear/backstabbing/defamation/degrading, selfishness, envy/jealousy, possessiveness, need for approval/attention/validation, drama/hysteria, rescuing/enabling, loneliness/desertion/abandonment, hermit/recluse, silence/silent treatment/cold war/civil war, misunderstanding/miscommunication/misinterpretation/misspeak, poison-tongue/forked-tongue, escapism/running/retreat, ingratitude, defensiveness, competition/comparison, perfectionism/ambition/performance/drivenness/striving/workaholism/pressure to succeed, secrecy, game-playing, placating, entitlement, flattery, childishness/infantile, spoiled, meddling, withdrawal/detachment/avoidance, con/delinquency/outlaw/criminal, assumption/presumption, smothering, blight/unfruitfulness/barrenness/miscarriage, subterfuge, bait-switch/being setup/snare/entrapment/trap/booby-trapped/tripped up, quagmire/quicksand/sandbagged, mid-life crisis, false identity/personality, adaptation/mutation/morphing, put down/discredit, pusher/fixer/bully, dead conscience, prodigal, familiar, racism/favoritism/prejudice/KKK/noose/hanging/lynching, worldly wisdom/false instruction, lack of fulfillment or _____

- † Father absence, isolation, dissention/division/distance, lack of closeness/commitment/bonding/communication, disconnect, broken promises/covenants/faith, betrayal/treason, hot-cold/love-hate/fickle, false connection/bonding/attachment/attraction, mean/unmerciful/belligerent, badgering/battering/beaten down/voiceless, misuse, abuse – physical/verbal/emotional/mental/child, victim of abuse, tragedy, accidents/accident prone/curse of accidents, unluckiness/snake-bit, loner/looser/social reject/outcast/oddball/don't fit in, mental breakdown/illness, sibling feuds/rivalry, family secrets/feud, Hatfield-McCoy/bad blood, disharmony/disunity, first-born, ingrained habit or _____
- † Has a judgment, curse or spell been placed on you or your family/generations _____

For numbers 4-19 below, have you ever experienced any of the following? Please circle which ones...

4. Self Spirits – Luke 12:16-21

- † Self...blocking/hindering/curse, idolatry/exaltation/promotion/gratification/indulgence, will, reliance/sufficiency, righteousness, justification, absorbed, consciousness, low self-image/esteem, pity, medicating, satisfied, punishment, accusation, bitterness, destruction, hatred/loathing, blame, unforgiveness, anger, resentment, retaliation, violence, murder, annihilation, torment, doubt/questioning, comparison, judgment, incrimination, anesthesia or _____

5. Psychological Afflictions – Proverbs 18:14, Isaiah 61:3

- † Inferiority/inadequacy/weakling/doormat/crippled/hobbled, condemnation, not good enough/not meeting expectations/not measuring up/being a disappointment, being angry or disappointed with God, disgust, worry/anxiety/stress/tension/tightly wound/pressure/overwhelmed/oppression/desperation, nervousness/nerve, dissatisfaction with people or things, trauma/pain/agonies/anguish, despair/unhappiness/discontent/heaviness/burdens/depression/dejection/gloom & doom/despondency/grief/loss/sorrow/sadness/mourning/heartache/heartbreak/woundedness, hopelessness/false hope/hope delayed, quitting/giving up, pessimism/let-down, discouragement/disappointment/disillusionment, pms/menopause/hormonal/moodiness/pouting/emotional extremes, stirred up, embarrassment/humiliation/disgrace/shame/bad boy-girl/excessive guilt/false guilt/survivor guilt, regret/what-if/if only, helplessness, appeasement, incompetence, martyrdom/victimhood/victimization/play-the-victim/victim identity or mentality, wallowing, persecution complex, paranoia, comprehension/learning/attention disabilities, ambivalence, indecision, compromise, boredom/apathy/indifference/lifelessness/listlessness/lethargy/laziness/sluggard/languishing/sloth/inaction/survivor, life/energy sapping, irresponsibility, elitism/intellectual pride/brainiac/intellectualism, daydreaming/fantasizing, disorganized, gullible/naiveté/sucker, amnesia/forgetfulness, complacency, my life doesn't count, thoughts of yourself or others being hurt or killed, mental illness/craziness/insanity/maniac/manic/madness/moron/stupidity/idiocy/dunce/retardation, emotional instability/mental instability/Dr. Jekyll-Mr. Hyde, seizures, tics, stoicism, misery, incapable, inconsistency, decay/rot/decadence, void/emptiness, false responsibility, living in the past, name-calling/ridicule/make fun of/taunting/teasing/belittling/fault-finding, scapegoat/blame, neediness/dependency, incoherence, double-standard/inequity/it's not fair/unfairness/injustice/why me, fragility/frailty, atrophy, breakdown, intrusion, vulnerability, hard-of-hearing, recklessness, disruption, guardedness, adversity/hardship, bewilderment, uselessness, false feelings/emotions, push my buttons/pull my chains/trigger/triggering mechanism, reaction or _____

6. Defense Mechanisms – Exodus 7:23

These are ways to cope with and defend one's self from painful or unwanted feelings, memories and/or ways to reduce one's anxiety levels. Please circle any of these you've used as psychological defenses...

- † Denial/Head in the sand – refusing to acknowledge the existence of an unpleasant reality.
- † Rationalization – substituting superficially rational explanations or excuses for one's acts, beliefs, or desires, usually without being aware that these are not the real motives.
- † Procrastination/Hesitation – postponing or avoiding stressful tasks or situations.
- † Repression – the unconscious forgetting or blocking of unacceptable thoughts or desires.
- † Suppression – the conscious stifling of unacceptable thoughts or desires.
- † Projection – attributing one's own unacceptable or unwanted qualities and motives to others.
- † Over Compensation/Over Achiever – covering up weaknesses by over-doing strengths.
- † Displacement – transferring an emotion to a logically inappropriate object.
- † Regression – returning to behavior expressive of earlier developmental stages usually due to trauma, fixation, anxiety, or frustration.
- † Dissociation/Split-Personality – separating yourself in your mind from painful realities around you.
- † Passive Aggressiveness/Undermining – when a person seems to passively comply with the desires or needs of others, but actually passively resists them.

7. Mentally Harassing Spirits – Revelation 12:10

Have you ever experienced any of the following on a regular basis? If so please circle...

- † Enticement – strongly prompted to do things that are wrong.
- † Harassment/Buffering/Pummeling – bothered by something (mentally assaulted).
- † Torment/Turmoil/Torture/Distress – in anguish or afflicted by something.
- † Compulsion – driven to do something; repetitive behavior serving no rational purpose.
- † Repulsion/Revulsion/Aversion/Abhorrence – strong dislike of something.
- † Obsession – strongly preoccupied or overly engrossed with something; persistent fixation on an emotion, idea, object or person.
- † Addiction/Temptation – dependent upon something, strong habit.
- † Enslavement/Slavery/Forced labor/Hard Labor, Shackles/Handcuffed/Leg-Irons/Bondage/Captivity/Dungeon/Involuntary Servitude/Imprisonment/Powerlessness – lacking freedom.
- † Paralysis/Immobility – lacking strength in the soul (mind, will, emotions), always needy in some area, demoralized, unable to act.
- † Impulsiveness – actions and decisions characterized by haste and lack of thought or deliberation.
- † Restlessness – agitated in some area, easily distracted and without peace.
- † Numbness/Anesthesia/Coldness/Frozenness (mental, emotional, physical, spiritual) – without feeling in some area, insensitive, lifeless, deadness.
- † Memory Recall/Replay/Playback/Recorder/Flashback – the same thought, scene or circumstance replayed over and over again in your mind that you can't seem to get out or get free from.

8. Physically Harassing Spirits – Luke 13:16

- † Do you or have you suffered from any illness or disease or have you had a transfusion or transplant? Please name _____
- † Do you have any disorders, syndromes, handicaps or impediments? Please name them _____
- † Have you been afflicted or diagnosed with any (chronic/acute/death) aches/pains/diseases/sicknesses/sickliness, illnesses/infirmities/chemical imbalances/wasting/allergies/impurities/toxins/poison/infection/injury/virus/degeneration/deterioration/debilitation/nutrition deficiency, chronic fatigue/exhaustion? _____
- † Is there any hindrance or refusal to healing present?
- † Sleep Disorders – sleepiness/drowsiness/Rip-van-winkle, insomnia/sleeplessness/sleep stealer, night terrors/nightmares.
- † Eating Disorders – craving/starvation/bulimia/bingeing/anorexia, gluttony/obesity/over-weight/fat-frame, fat cells, pudgy, food as a comfort or reward, slow metabolism.

9. The Occult – Deuteronomy 18:10-12, 1 John 4:3, Acts 16:16

Have you or anyone in your family ever, just for fun, out of curiosity, or in earnest...

- † Yes/No – Had your fortune told, read or followed horoscopes or had a chart made for yourself?

- † Yes/No – Practiced yoga, Transcendental Meditation, or any Eastern religions?
- † Yes/No – Attended a séance or spiritualist meeting?
- † Yes/No – Attended witchcraft or voodoo ceremonies?
- † Yes/No – Visited a shrine or temple of a non-Judeo/Christian religion?
- † Yes/No – Had a reincarnation reading about who you were in a previous existence?
- † Yes/No – Played with an Ouija board, tarot cards, eight-ball or Dungeons and Dragons?
- † Yes/No – Played games of an occultic nature, using ESP, telepathy, etc.?
- † Yes/No – Consulted a medium, acted as a medium or practiced channeling?
- † Yes/No – Experienced psychic healing, psychic surgery or been hypnotized?
- † Yes/No – Practiced table-lifting, lifting bodies, automatic writing or soul travel?
- † Yes/No – Used any kind of charm for protection?
- † Yes/No – Practiced water-witching to find out where to dig a well?
- † Yes/No – Read, owned or been given books on witchcraft, fortune-telling, ESP, psychic phenomena, etc.?
- † Yes/No – Had any friends or family members who have been involved with the occult themselves?
- † Yes/No – Been fascinated with demonic topics in movies or had a fascination with the occult?
- † Yes/No – Read horror novels/mysteries or accepted the writings of any New Age author?
- † Yes/No – Practiced mind-control over anyone, cast magic spells or sought a psychic experience?
- † Yes/No – Contacted a psychic in person or through a psychic hotline?
- † Yes/No – Made a pact with, or promises to, Satan or been involved in Satanic worship?
- † Yes/No – Have been involved in witchcraft, pagan religions or fortune-telling?
- † Yes/No – Abused alcohol or drugs such as narcotics, peyote, LSD/acid, marijuana, cocaine, angel dust/PCP, heroin, crystal meth, uppers/downers, barbiturates, mushrooms, opium, anti-depressants or other similar kind of drugs or prescription drugs, or still tempted by them? Medication/false comfort. Anyone use psychedelic or hallucinogenic drugs or had flashbacks or overdose? *If so, circle which ones.*
- † Yes/No – Sought out or experienced any New Age or Eastern mysticism based medical practitioners or procedures such as Acupuncture, Applied Kinesiology, Aroma therapy, Bio-feedback, Bio-rhythms, Roling, Hypnotherapy, Homeopathy, Iridology, Pendulum Diagnosis, Yoga, Reiki, Guided Imagery/Visualization, Primal Scream Therapy, Yin/Yang, subliminal messages, Feng Shui/chi, or _____
- † Yes/No – Been involved in Masonic Orders (DeMolay, Eastern Star, Rainbows) or a Lodge?

Occult Spirits

- † Spiritual searching, seeking spiritual experience, desire for power or recognition, curiosity or fascination with the occult, Ouija board/eight-ball, soothsaying/fortune telling/tarot cards/omens/divination/python/geomancy/iching, scrying, magick – deep/white/black, magic charms/lucky charms/talisman/amulet/magical or supernatural objects, alchemy, numerology, clairvoyance/clairaudience/telepathy, crystals/crystal ball, cartomancy, palm-reading/palmistry/handwriting analysis/automatic writing, tea leaves, horoscope/astrology/zodiac/charts & signs, predictions/premonitions/oracle/false prophecy/precognition/ESP-extra-sensory perception, séance, covens, Guru/Witch Doctor/Witch/Warlock/Wizard/Magician/Sorcerer, gypsy, Voodoo/Santeria, Zombiism, Vampirism, Druid/Celtic, Wicca, Kundalini, chakras, black mass, blood covenants, pentagram, mark of the beast, bride of Satan/dedicated to Satan/Satanic progeny/spawn, Satanic birth assignment, Satanic tutelage/groomer/handler/lover of Satan, Satanic ritual or sacrifice, Satanic Ritual Abuse, programming/puppet/marionette/remote control/mind control, mind reading/blinding, darkness/black heart, sorcery, animal/human/child sacrifice, cannibalism, high-places, curses/spells/hexes/vexes, evil-eye, conjuration, incantation/chanting, mediums/psychic readings/healings/surgery, necrophilia, necromancy/contacting the dead/channeling, spirit guide/imaginary friends/ghosts/apparitions/poltergeists/haunting, mythology/mysticism/spiritism/Kabbala/cabal, superstition, dream-catcher, natural healers, native healers, tribal dance, tribalism, war path/war bonnet, shamanism/medicine man, fire-walking, walking on unholy ground, defilement/desecration, paganism/Halloween, Transcendental Meditation, parapsychology, re-incarnation, meta-physics, remote viewing/psychokinesis/table-lifting/bending-objects, levitation, astral projection/receiver, dowsing/water witching, martial arts, occult games/Dungeons & Dragons, demonic video games/music/movies/novels, horror/morbidness, speaking a mantra, falling into a trance, trance/enchantment/bewitching/mesmerizing/hypnosis, potions, runes, changling/animal spirits, déjà vu, idol worship/dedicated to an idol, tattoo, Baal/cutting/mutilation/body piercing, fortresses/hierarchies/towers/strongholds, legion, false Savior/Christ/Messiah, blasphemy/abomination, possession/ownership, Lord of the Flies/Leviathan/Behemoth/Dragon/Serpent/Accuser/Destroyer/Apollyon/Abaddon, reptilian, hydra/snake charmer, snake pit, snake/viper/boa constrictor/cobra/

anaconda/chameleon/lizard/leeches/tarantula/venom/scorpion/plague, Babylon, Pandemonium/Pandora/Pan/Medusa, gargoyle, Lillith, Asmodeus, or _____

10. Rebellion & Unforgiveness – Proverbs 16:18, 1 Samuel 15:22-23, Ephesians 4:26-27

† Revolt/sedition/usurping/insubordination/insurrection/mutiny, pride/insecurity/I'm always right/I'm never wrong/I'm always wrong/self-made man/vanity/haughtiness/arrogance/condescension/superiority/false humility/saving-face/boastfulness/egotism/prima-donna/opinionated, fallenness/fleshliness/carnality/depravity/sin/worldliness/iniquity/wickedness/evil/lawlessness/trespass/pollution/contamination/stain, generational sin/inheritance/deposit, baggage, principalities-powers-rulers, mocking/smirking/sneering/scornful/sarcasm/cynical, frustration/futility/uselessness/dead-end, anger/rage/hatred/animosity/hostility/seething/explosiveness, bitterness, agitation/confrontation/antagonism/contention/conflict, irritability, bad temper/temper tantrum, bossiness/argumentativeness/blackmail/extortion/bribery, retribution/vengeance/vengeance/recrimination/retaliation, holding grudges, impossible to please or deal with, hard/calloused/stoney-hearted, stiff-necked/unbroken, oppositional/stubbornness/rigidity/unteachableness/strong will/willful/ill will, provoking/contempt/defiance, pushing the limits/breaking the boundaries, verbal violence, resentment, failure to submit to authorities/low regard for authorities, chaos, abduction/reluctance/resistance, entanglement, domineering/domination/control/manipulation/treacherousness, deviousness/conniving, cowering, intimidation/overbearing/coercion, disrespect/disdain, impatience, independence, false authority/strength, double-standard, Ishmael, kicking against the goads, or _____

11. Military/Attack Spirits – 1 Chronicles 21:1

† Warfare/warrior/fighting/aggression/brutality/cruelty/violence/strife/assault/slit-your-throat/take you out/take you down, anti-life/hit-man/assassination/sniper/murder/mass-murder/massacre/atrocity/bloodbath/execution/annihilation, direct hit/bulls-eye/target/prey, death/reaper/Sheol/corpse/guillotine/walking dead/contract-for-death/marked-for-death/dead-man/death-threat/early death/premature death, curse/assignment/angel of death, kiss of death, wrongful death, death-wish/suicide, wishing someone dead, plan of attack/conspiracy/hidden danger/lying in wait, time-bomb, disarm/ambush, terrorism, shock/surprise attack/attack/dive bomber/kamikaze, hidden/camouflage/covert/disguise, undercover, sleeper/time delayed/sleeper cell, invasion/invasion force, captured, kidnapping, hostage, blindsided, devourer/plunderer, command-center, demonic reinforcements, brain-washing/indoctrination/interrogation, POW (Prisoner Of War), MIA (Missing In Action), PTSD, friendly fire, sentry, intrigue, infiltration/Trojan horse, door/gate-keeper/escort/foothold/transfer/access (air-land-sea-water-tunnel), espionage/secret agent/spy master/demonic plant, Satanic-gps/radar/tracker/locator/tagger/tracer/targeting/spy/eye/watcher/watchman/video/bug/infrared/implant/embed/beacon/messenger/monitor/homing-device/signal/transmitter/eavesdropping/surveillance/antenna, look out or _____

12. Idolatry – Exodus 20:4-5

† Religious pride/religion/denominationalism/legalism, Catholicism/praying or lighting candles to Mary saints or ancestors, rosary, relics, ministry, worship of or excessive attachment to – money/materialism, people's approval/a certain person, body image/appearance, family image, family/parents/siblings, animals, knowledge, school, success, reputation, recognition, status, privacy, free time, nature, certain books or music, food, sleep, sports, technology, TV, house, cars, clothes, jewelry, guns, symbols of idols or spirit worship (Buddha, carvings, totem poles, masks, statues), pictures, art or _____

13. Cult/False Religions/Spirit of Error – 1 John 4:6

† Cult, Jehovah's Witnesses, Christian Science, Scientology, Mormonism, Freemasonry/Masonic orders, Unitarianism, Unity, Universalism, Unification Church (Moonies), Kabala, New Age/Gaia worship, Rosicrucian, Paganism, Native religions, Eastern Religions/Orient, Hinduism/Brahmanism, Buddhism, Hare Krishna, Zen, Confucianism, Jainism, Shinto, Sikhism, Sufism, Taoism, Zoroastrianism, Islam, Baha'i, Ancestor Worship, Animism, Atheism/Agnosticism, or _____

14. Fear – 2 Timothy 1:7, Romans 8:15

† False, panic attack/panic stricken/anxiety attack, timidity/shyness, cowardice/dread/fright/phobia/claustrophobia, mother-bear/smother mother/over-protective, stage-fright, people-pleasing, fearful expectations, *fear of*...life, being wrong, not being good enough, public speaking, public opinion,

disapproval, men, women, parents/family, authority or authority figures, failure, success/dreaming again, violence, poverty/lack, death, early death, death or injury of a loved one, loss/loss of control, being real/myself (façade/front), love, intimidation, betrayal/treason, conflict/confrontation/criticism, the future, the unknown, abandonment, inability to cope, inadequacy, submission, being vulnerable, being found out, freedom, responsibility/commitment, dependency, being alone/loneliness, attacking or hurting someone, fear of what's in me, fear of what I'm capable of, change/spiritual growth, false prophecy, not hearing God's voice or missing His leading, being condemned/hated or rejected by God, loss of salvation/going to hell, backsliding/relapse, punishment, obedience, correction, insanity/mental illness, being stalked, remembering the past, being controlled, accusation, growing up, light/the night/darkness, old age, illness, terminal illness/disability, disease/accidents, Drs./hospitals/needles, going to bed/to sleep, sudden noises, dirt, heights, animals, spiders, snakes, elevators, social events, crowds, fire/natural disasters, water/suffocation/drowning, flying, paralysis, blood, germs, or _____

15. Spirits Sent To *Hinder* ('Anti') You From Believing Or Obeying God's Word – 1 Thessalonians 2:18

† Stunted growth/arrested development, unrighteousness, diversion, unfaithfulness, second-guessing, leanness/starvation/exhaustion/tape worm/parasite, dishonor/disrespect, foolishness, grieving or quenching the Holy Spirit, rationalizing sin, backsliding, Scripture-twisting/heresy, false teaching/belief/gifts/mantle/miracles/anointing/destiny, spiritual ignorance, blessing blocker, silencer, anointing killer, ministry killer, dull of hearing, *or any spirit sent to keep you from* – fully healing, fulfilling your destiny, becoming like Christ, desiring a deeper walk with God, overcoming/thriving, following the lead of the Holy Spirit, being obedient, desiring to do God's will, walking by faith, believing Christ is who the Bible says He is, believing in heaven or hell, believing I am accepted by God without earning it/works righteousness, loving your enemies, holiness, denying yourself, being fearlessly bold for Christ, being Strong in Spirit, doing the works Jesus did, evangelizing/witnessing, discipling others, fellowshiping, studying God's Word, fasting, tithing, exercising faith or spiritual gifts, believing all things are possible, honoring parents, worshiping God, prayer/intercession, loving others, being hopeful, being thankful, showing mercy, humility, being open to correction, showing hospitality, being a good manager of your health/time/material wealth, giving to or serving others or _____

16. Destructive Or Negative Habits Or Strongholds – Romans 7:15

† Excessive use of television/videos/video games/computer usage/internet use, nicotine products, reading/watching/listening to things that do not build you up, compulsive shopping, excessive spending, making light of things, wasting time, frequent tardiness, compulsive exercise/sports, gambling, talking too much, or _____

17. Lying – John 8:44, 1 Timothy 4:1

† Various forms of lying include covering up, making excuses, pretending/feigning, withholding truth, evasiveness, exaggeration/distortion/alteration/twistedness, making false statements, dishonesty, duplicity, cheating, insincerity, hypocrisy, being two-faced, misrepresentation, delusion, error, corruption, double-talking, falsehood, fraud, misleading, fabrication, imposter/impersonator, poser/counterfeit/fake/sham/hoax, deal-making/wheeler-dealer/schmoozing, decoy, mirage, led astray or _____

18. Water Spirits – Ezekiel 28:2, Revelation 13:1

† Asmodeus, marine/water, flooding, tsunami/stream/river/riverine/sea/ocean/salty/lake/lagoon, shoals, coastal/littoral, algae, stagnation/swamp/dirty water, splash, drowning, swimming, sink-or-swim, piranha, octopus, squid, water snake, sea serpent/monster, shark, crocodile/alligator, crab, fish, frog, hook, sink-your-ship, mermaid/merman, Atlantis, Poseidon, Neptune, Trident, Sirens, Dagon, River Styx, bridge out or _____

19. Misc. Spirits

† Strangulation/choking/suffocating/asphyxiation/constriction, limitation/ceiling/anchor, garbage/landfill/trash/refuse/cesspool, radioactive, labyrinth, exclusivity, brotherhood/sisterhood, quarantine, whirlwind, tag-team, out of balance, parroting, pioneer/arrow-in-back/flaming arrow, false claim, hook-line-sinker, tickling ears, buyer's remorse, log-in-my-eye, wimpiness, bee/stinger, egg/seed/fruit/root, coat-of-arms, rabbit-trails, bait/decoy, being hunted, haunted, crippled, stumbling block, weakling, unfinished business,

hitch-hiker, hung out to dry, led to the slaughter, something comes over me, black widow, hornet's nest, hidden or secret life, cocoon, folk lore/nursery fables/rhymes/legends/fairy tales/fairy/dwarf/old hag/leprechaun, evil yoke, angel of light, dead end, perceived failure, unfulfilled need, never completes things, wedge in relationships, lying in wait, divide and conquer, piracy/smuggling/contraband, castaway, walk-the-plank, at each other's throat, punching bag, door mat, dream world/fantasy/false reality, comfort zone, round peg in square hole, closedness, portal, lack of direction, cold feet, yes dear, bit and bridle, weight of the world, heavy-handed, pushed over the edge, idealism, Pollyanna, body memories, pernicious, maze, burned alive/eaten alive, out of joint/alignment, distortion, lamb led to the slaughter, wandering in the wilderness, dormant, revolving doors, or _____